

## Example at home

| Value                                   | Definition                                                                                                        | Presence                                                                                                                                 | Absence                                                                                                                           |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Autonomy and responsibility</b>      | Ability to make decisions independently and take ownership of actions.                                            | <i>A child chooses their clothes and accepts consequences for forgetting their jacket.</i>                                               | <i>Parents always decide everything and blame the child when things go wrong.</i>                                                 |
| <b>Abundance</b>                        | Perception of prosperity expressed through an attitude of generosity and appreciation, emphasizing possibilities. | <i>The child feels there is always plenty to read by exchanging books with friends and discovering online stories or at the library.</i> | <i>The child believes there are never enough books and thinks that without buying new ones, there is nothing to read.</i>         |
| <b>Faith OR trust</b>                   | Belief in others and in oneself; trusting relationships and a sense of security.                                  | <i>The child shares with the parents about difficult situations at school, feeling safe and confident they will listen and support.</i>  | <i>The child hides experiences of bullying at school, fearing judgment, dismissal, or lack of understanding from the parents.</i> |
| <b>Freedom</b>                          | The right and ability to express oneself and make choices within respectful boundaries.                           | <i>The child can choose their hobbies or express their emotions freely.</i>                                                              | <i>Parents control every activity or punish children for expressing disagreement.</i>                                             |
| <b>Holistic development</b>             | Growth that includes emotional, physical, cognitive, social, and spiritual well-being.                            | <i>Parents encourage learning, emotional expression, physical activity, and rest.</i>                                                    | <i>Focus only on academic performance; emotions or play are ignored.</i>                                                          |
| <b>Human dignity</b>                    | Recognition of the inherent value and rights of every person.                                                     | <i>All family members' opinions are respected.</i>                                                                                       | <i>Humiliation or shouting is used to control behavior.</i>                                                                       |
| <b>Inclusion and diversity</b>          | Embracing and valuing differences in ability, background, or identity.                                            | <i>Parents speak positively about people from other cultures or abilities.</i>                                                           | <i>Discrimination or negative stereotyping is present at home.</i>                                                                |
| <b>Innovative spirit and creativity</b> | Curiosity, problem-solving, and openness to new ideas.                                                            | <i>The child is encouraged to explore ideas, create, and ask questions freely.</i>                                                       | <i>Creativity is dismissed as a waste of time or just to follow instructions.</i>                                                 |
| <b>Joy of life</b>                      | A positive attitude, gratitude, and the ability to enjoy the moment.                                              | <i>Enjoying every moment, whether easy or difficult, relaxing or effortful, appreciating as meaningful and worth living.</i>             | <i>Daily experiences are seen only as burdens or disappointments, without finding value in them.</i>                              |
| <b>Love</b>                             | Unconditional care and affection for others.                                                                      | <i>Affection is shown through words, hugs, and attention.</i>                                                                            | <i>Emotional distance or conditional love based on success.</i>                                                                   |
| <b>Peace and non violence</b>           | Commitment to harmony, cooperation, and resolving conflicts without aggression.                                   | <i>Disagreements are discussed without yelling or punishment.</i>                                                                        | <i>Physical or verbal aggression is normalized.</i>                                                                               |
| <b>Respect</b>                          | Accepting others' rights, differences, and boundaries.                                                            | <i>Children and adults listen to each other and use kind words.</i>                                                                      | <i>Interruptions, insults, or dismissiveness are common.</i>                                                                      |
| <b>Rule of law</b>                      | Following shared rules that promote fairness and safety.                                                          | <i>Family members follow agreed rules (e.g., screen time) consistently.</i>                                                              | <i>Rules are unfair or applied inconsistently.</i>                                                                                |
| <b>Shared education responsibility</b>  | Family and school work together to support the child's learning and growth.                                       | <i>Parents communicate with teachers and support common values at home.</i>                                                              | <i>Parents blame school or show no interest in their child's education.</i>                                                       |
| <b>Simplicity and empathy</b>           | Living authentically and understanding others' emotions with compassion.                                          | <i>Family values simple moments and talks openly about feelings.</i>                                                                     | <i>Focus is on material success, emotions are dismissed.</i>                                                                      |